

Registration & Release Form

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____

Friday, July 19 – Ba Gua at CTCC Dojo

Ba Gua \$90 6:00 - 9:00 _____

Saturday, July 20 – Hsing I at Westminster Presbyterian

Empty Hands \$80 10:00 - 12:30 _____

Lunch Break at the Church (See page 2)

Animals \$80 2:30 - 5:00 _____

Full Day \$150 _____

Pot Luck Dojo Free 6:30 - 8:00

Sunday, July 21 – T'ai Chi at CTCC Dojo

I - 14 step \$65 10:00 - 11:30 _____

15 - 33 step \$40 11:45 - 12:30 _____

Lunch Break at the Dojo (See page 2)

34 - 65 step \$50 2:30 - 3:30 _____

66 - 100 step \$50 3:45 - 4:45 _____

Entire Form Free 5:00 - 6:00 _____

Full day \$200 _____

All workshops \$440 _____

Early Bird Discount \$400 (Pay by July 5) _____

Amount Enclosed _____

Payment: Visit our website and register with a credit card or PayPal (please bring a completed registration form to your first session) or submit payment with this form and make the check payable to "CTCC." Mail to 206 E. Water St, Charlottesville, VA 22902.

Photo Permission: CTCC has my permission to publish photos of me taken during these workshops. Photos may appear on the website, in the newsletter, or in newspapers. YES NO

Release of Liability: I understand that my instructor will create a safe environment in which to learn T'ai Chi and related martial arts. I also understand that there is a risk of injury in any physical activity, and I assume full responsibility for my actions during and in connection with this workshop.

Signature _____ Date _____



Charlottesville T'ai Chi Center

Proudly Hosts



Grandmaster Wang Fu-Lai

Zhong-Nan Lineage Holder
 Cheng Ming Martial Arts Association
 in Taiwan

Summer 2019 Workshops

Friday, July 19 – Ba Gua

Saturday, July 20 – Hsing I

Sunday, July 21 – T'ai Chi

www.CharlottesvilleTaiChi.org

A 501(c)(3) non-profit educational organization

Weekend Schedule

FRIDAY, July 19 – At CTCC

Ba Gua* 6:00 - 9:00 \$90

**Prerequisite: Participants must have completed T'ai Chi and Hsing I curriculum*

SATURDAY, July 20 – At Westminster Presbyterian Church

Hsing I – Empty Hands 10:00 - 12:30 \$80

Lunch Break at Church

Hsing I – Animals 2:30 - 5:00 \$80

Both Workshops - \$150

Pot Luck 6:30 - 8:00 Free – at the Dojo

SUNDAY, July 21 – At CTCC

I - 14 step 10:00 - 11:30 \$65

15 - 33 step 11:45 - 12:30 \$40

Lunch break at the Dojo

34 - 65 step 2:30 - 3:30 \$50

66 - 100 step 3:45 - 4:45 \$50

Entire form 5:00 - 6:00 Free

Full Day – \$200

ALL WORKSHOPS – \$440

Space is limited. You will not be considered registered until you have paid for the day or specific workshop. Please show your respect to Grandmaster Wang by arriving 10 - 15 minutes before each event.

EARLY BIRD DISCOUNT – \$400

If you plan to take all workshops and pay by July 5, the fee is \$400.

What to bring

Wear clothes that allow you to move comfortably. Bring clean, soft-soled shoes to change into or go barefoot.

Lunch Options - Sat. & Sun.

Vegetarian buffet lunches are available on Saturday and Sunday. Orders must be received by Wednesday, July 17.

Contact registrar at 1-877-880-2479 or registrar@charlottesvilletaichi.org

Or visit our website and register with a credit card or PayPal.

<http://www.charlottesvilletaichi.org/grandmaster>

About Grandmaster Wang Fu-Lai

Since his youth, he studied under Grandmaster Wang Shu-Jin (no blood relation), from whom he received all the teachings of the Zhong-Nan lineage. It is one of the most complete preservations of Ba Gua Zhang and Hsing I Ch'uan currently taught worldwide.

Grandmaster Wang Shu-Jin founded the Cheng Ming Martial Arts Association in Taiwan. Upon the death of Wang Shu-Jin in 1981, Master Wang Fu-Lai assumed the position of Grandmaster.

He teaches in Taiwan, Japan, the United States, Europe, the Middle East and Australia. He is also a 4th-generation master of Ba Gua Zhang in the lineage of the modern-day founder, Tung Hai-Ch'uan.

The Cheng Ming School

Cheng Ming is a nickname given to Wang Shu-Jin. The Cheng Ming School has a systematic progression – everything you learn and practice is connected to the next level of practice. Students start with the 14-step T'ai Chi form, which integrates elements of five family styles of T'ai Chi with Hsing I and Ba Gua, two other internal martial arts. Students learn how to relax and be supple in T'ai Chi training.

With Hsing I, students learn powerful linear forms both with and without weapons. Ba Gua is the treasure of the Cheng Ming system and is reserved for advanced students who have completed prerequisite training in both T'ai Chi and Hsing I. Ch'i Kung meditation is integrated at every level of training.

Refund Policy

There will be no refunds given, but you will be credited for future workshops.

Location

CTCC Dojo
206 East Water Street
Charlottesville, VA 22902

Westminster Presbyterian
400 Rugby Road
Charlottesville, VA 22903