

## 2 Workshops with Hiromi Johnson Saturday, November 17th

10:15 am - 12:15 pm

## Mini T'ai Chi Grasp the Peacock's Tail

Deepen your understanding of this fundamental movement. \$40

1:00 - 5pm

## T'ai Chi Sword Refinement

Focus on the details and refinement of this elegant form. \$80

**Special Rate \$100** for both Workshops Register at www.CharlottesvilleTaiChi.org



## Move & Meditate